

SPIRITUAL WARRIOR PHYSICAL EXAMINATION

MIND

- Blinded or Spiritually Discerned?

2 Corinthians 4:4 *The god of this age has blinded the minds of unbelievers so that they cannot see the light of the gospel of the glory of Christ, who is the image of God.*

1 Corinthians 2:14-16 *The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned.... But we have the mind of Christ.*

Isaiah 26:3-4 *You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Trust in the Lord forever.*

Ephesians 4:22-23 *You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds.*

Romans 12:2 *Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.*

2 Corinthians 10:3-6 *For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.*

Philippians 3:18-19 *For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things.*

Colossians 3:1-2 *Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things.*

HEART

- Grit or Gloom?
- Faith or Fear?

Mark 5:36

*Overhearing what they said, Jesus told him, “**Don’t be afraid; just believe.**”*

John 14:27

*Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and **do not be afraid.***

BACK

- Courage or Soft?

Joshua 1:1-9

*Be **strong and of good courage**/Be **strong and very courageous**/Do not be afraid nor be dismayed for the Lord your God is with you wherever you go.*

Philippians 1:14

*Because of my chains, most of the brothers in the Lord have been encouraged to speak the word of God more **courageously and fearlessly.***

Ephesians 6:19

*Pray also for me, that whenever I open my mouth, words may be given me so that I will **fearlessly** make known the mystery of the gospel. Pray that I may **declare it fearlessly** as I should.*

Acts 4:13, 33

*When they saw the **courage** of Peter and John and realized they were unschooled ordinary men, they were astonished and took note that these men had been with Jesus. And they were all filled with the Holy Spirit, and **spoke the Word of God boldly.***

ARMS

- Strength or Soft?

Philippians 4:13

*I can do all things through Christ, who gives me **strength.***

1 Samuel 30:6

But David found strength in the Lord his God.

Isaiah 40:29

*He gives **strength to the weary** and increases the power of the weak. Even youths will grow tired and weary, and young men will stumble and fall; but those who hope in the Lord will **renew their strength.** They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.*

Ephesians 6:10

*Be **strong** in the Lord and in His **mighty power.***

FEET

- Brass or Lotion?
- Stand Firm or Sink/Shrink?

1 Corinthians 15:58	<i>Therefore, my dear brothers, <u>stand firm</u>. <u>Let nothing move you</u>.</i>
1 Corinthians 16:13	<i>Be on your guard; <u>stand firm in the faith</u>; be men of <u>courage</u>; be <u>strong</u>. Do everything in love.</i>
2 Corinthians 1:24	<i>Now it is God who makes both us and you <u>stand firm in Christ</u>.</i>
Philippians 1:27	<i>Whatever happens, <u>conduct yourselves in a manner worthy of the gospel of Christ</u>. Then, whether I come and see you or only hear about you in my absence, I will know that you <u>stand firm in one spirit, contending as one man for the faith of the gospel</u>, without being <u>frightened in any way</u> by those who oppose you.</i>
Ephesians 6:11, 13	<i>Therefore, put on the full armor of God so that when the day of evil comes, you may be able to <u>stand</u> your ground, and after you have done everything, <u>to stand</u>. <u>Stand firm</u>.</i>
Philippians 4:1	<i>Therefore my brothers, you whom I love and long for, my joy and crown, that is how you should <u>stand firm in the Lord</u>.</i>
1 Peter 5:9	<i>Resist [the devil] <u>standing firm in the faith</u>, because you know that your brothers throughout the world are undergoing the same kind of sufferings.</i>
Mark 13:13	<i>All men will hate you because of me, but he who <u>stands firm to the end will be saved</u>.</i>
Matthew 10:22	<i>You will be hated by everyone because of me, but the one who <u>stands firm to the end will be saved</u>.</i>

EARS

- Open or Impacted Cerumen

Proverbs 18:13, 15	<i>To answer before <u>listening</u>—that is folly and shame; The heart of the discerning acquires knowledge, <u>for the ears of the wise seek it out</u>.</i>
Proverbs 28:9	<i>If anyone <u>turns a deaf ear to my instruction</u>, even their prayers are detestable.</i>
Isaiah 55:3	<i><u>Incline your ear</u> and come to Me. <u>Listen</u>, that you may live.</i>
Matthew 13:15	<i>For this people's heart has become calloused; <u>they hardly hear with their ears</u>, and they have closed their eyes. Otherwise they</i>

might see with their eyes, hear with their ears, understand with their hearts and turn, and I would heal them.'

Mark 4:23-25

"If anyone has ears to hear, let them hear. Consider carefully what you hear," he continued. "With the measure you use, it will be measured to you—and even more. Whoever has will be given more; whoever does not have, even what they have will be taken from them.

Luke 8:8-10

"Whoever has ears to hear, let them hear." His disciples asked him what this parable meant. He said, "The knowledge of the secrets of the kingdom of God has been given to you, but to other I speak in parables, so that, 'though seeing, they may not see; through hearing, they may not understand.'"

2 Timothy 4:3-5

For the time will come when people will not put up with sound doctrine. Instead, to suit their own desires, they will gather around them a great number of teachers to say what their itching ears want to hear. They will turn their ears away from the truth and turn aside to myths. But you, keep your head in all situations, endure hardship...

Revelation 3:22

Whoever has ears, let them hear what the Spirit says to the churches.

HANDS

- Fighter or Palmolive?

1 Timothy 6:12

Fight the good fight of the faith.
(Original Greek may be taken from athleticism/athletic discipline/spiritual discipline)

BLOOD

- Transfusion or Diluted/Diseased?

Colossians 1:27

To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory.

Galatians 1:20

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Colossians 2:6-7

So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

MOUTH

- Proclaim or Silent?

Matthew 16:13-15

*Who do people say the Son of Man is? But what about you?
Who do you say I am?*

- The Christ/Messiah/Anointed One of God
- Is/Not Was

Luke 12:8

I tell you, whoever acknowledges me before man, the Son of Man will also acknowledge him before the angels of God. But he who disowns me before men will be disowned before the angels of God.

- Are you prepared to share your Jesus faith story as much as you are ready for political battles?
- To speak the truth in love (Ephesians 4)

VICTORY/FREEDOM

Galatians 5:1

It is for freedom that Christ has set us free. Stand firm then, and do not let yourselves be burdened again by the yoke of slavery.

1 John 5:4

This is the victory that has overcome the world, even our faith. Who is it that overcomes the world? Only he who believes that Jesus is the Son of God.

1 John 4:4

He who is in you is greater than the one who is in the world.